

HEALTH CONSULTATION SURVEY ANALYSIS DECEMBER 2017

Thank you very much to the parents /caregivers who completed this survey. Your input will support us in identifying areas to strengthen and areas to continue to deliver. The analysis below is a summary of the findings and states the recommendations for 2018, and beyond, in regard to our health units.

HEALTH TOPICS /AREAS THAT WERE IDENTIFIED IN THE SURVEY:

- Self Esteem
- Relating to Others
- Making and keeping friends
- Celebrating differences
- Roles, rights and responsibilities
- Leadership
- Bullying
- Fire safety
- Road and cycle safety
- Sun safety
- Keeping ourselves safe
- Survival
- Caring for our bodies
- Nutrition
- Drug education
- Puberty
- Physical activity
- Sports
- Outdoor education
- Sexuality education

IN REGARD TO THE IMPORTANCE OF AREAS IN HEALTH EDUCATION:

Parents / caregivers indicated that these areas were of the **highest** importance for their children:

- Self-esteem
- Relating to Others
- Bullying
- Keeping Ourselves Safe (Police Ed Unit)

Parents / caregivers indicated that these areas were of the **lowest** importance for their children:

- Survival
- Sexuality Education

All other areas were considered of **average** importance.

RECOMMENDATIONS SPECIFIC TO THE AREAS IN HEALTH EDUCATION:

- Continue to plan and implement units of work that directly teach Self-esteem, Relating to Others, Anti-bullying, and Keeping Ourselves Safe.
- Ensure that these areas are revisited throughout the year.
- Review the current 'Anti-bullying Student Survey' and align the questions with the Well-being Survey (NZCER).
- Review current Behaviour Management System, this is to include consultation with students and community.
- Continue to teach all of the Health Education areas over a two-year cycle.
- Continue to teach Sexuality Education specific to the age of students.

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IN REGARD TO AQUATICS SKILLS (note: respondents could answer more than one question):

68% of children participate in swimming lessons outside of school on a regular basis.

60% of parents / caregivers believe that the aquatics programme at school caters to their child/rens needs.

25% of the parents / caregivers believe that the current school programme does not cater to their child/rens needs.

RECOMMENDATIONS IN REGARD TO AQUATICS SKILLS PROGRAMME:

- Share these survey results with Swim Safe NZ and the instructors employed to deliver the programme.
- Meet with the lead Swim Safe facilitator and contribute to planning the aquatics programme – specifically catering to student need: from non-swimmers to swim club students. Discuss the option on running the lessons over one Term eg: one lesson a week.
- In-line with the NZ Curriculum document, aquatics skills must be taught to students in Years 1-6, it is proposed that students in Year 7 & 8 continue to have water safety skills taught but that this be done every 2 years (in the opposite year to camp).

2017 HEALTH UNITS: Fire Safety / Anti-bullying / Keeping Ourselves Safe / DARE / Puberty

RECOMMENDATIONS IN REGARD TO THE ABOVE FIVE HEALTH UNITS:

- Continue to plan and implement the units covered in 2018 (Keeping Ourselves Safe is taught every 2 years).
- Review the current Behaviour Management System, Anti-bullying Student Survey and the content of the units to address the areas of: what is bullying? / How it affects people / How to report bullying / school systems to effectively address the needs of victims and bullies (including, Restorative Processes and consequence system).
- Consult on a 'Zero-tolerance of Bullying' policy.
- Discuss the current DARE and Puberty units with Police Education Officer and staff, and plan units that could cater to Year 5 & 6 students. Consult with parents / caregivers regarding content.
- Teach Sun Safety twice a year (Term 1 & 4).
- Continue to teach budgeting and money as part of Mathematics.